

# In the name of God

## Identity information:

Mrs Fatemeh Fayyaz



Date of Birth: 12/03/1985

Iran Islamic Republic

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## Education

- Ph.D of Health Psychology, University of Tehran, 2017, Top Student: score: 20
- MA of Clinical Psychology, University of Tehran, 2011, Top Student: score: 20
- B.A of Clinical Psychology, University of Tehran, 2008

## Scientific ranks

- Iran's National Elites Foundation member
- APA member:2011, 2012 & 2014
- First grade in Azad Entrance examination: 2002
- 7<sup>th</sup> grade in Iran in Entrance examination: 2002

## Professional Experiences

- Psychotherapist in “Andisheh” counseling center- 2010-2012
- Psychotherapist OF “Tehran University counseling center”- 2012
- Psychotherapist in “Farhang kindergarden- 2013
- Educational Counselor in 3 high schools in Tehran.
- Referee of scientific high schools Competition in psychological projects
- Psychology teacher in shahid mahdavi high school- 2006-2009
- Expert of radio program about upbringing children (more than 100 section)
- Professor of psychology and Quran in University of Tehran- 2017-2018

## Language proficiency

**English:** Reading, Writing and Speaking: Excellent / Listening: Good  
**MSRT Score:** 69

### **Publications**

- Fayyaz, R. Fayyaz, F., Besharat, M. A. (2011). Comparison of personal behavior styles in clinical depressed, non-clinical depressed and normal people. *Journal of social and behavioral science*, 30, 89-93.
- Beyraghi, N., Mehdizadeh, M, Fayyaz, F., Hashemi M., & Mohammadi, A. (2016). Anxiety, Depression and Sexual Dysfunction in the Patients Undergoing Bone Marrow Transplantation. *Journal of Global Pharma Technology*, 12(8):335-338.
- Ghorbani, N., Watson, P. J., Fayyaz, F., & Chen, Z. (2014). Integrative Self-Knowledge and Marital Satisfaction, *The Journal of Psychology: Interdisciplinary and Applied*, 149 (1), 1-18. DOI: 10.1080/00223980.2013.827614.
- Fayyaz, F., Sarmast, Z., Bahrami, H., Okhovvat, A. Fayyaz. R. (2015). Preliminary construction of depression diagnosis scale based on Quran and investigation of its psychometric characteristics. *Argos Special Issu*, 105-122.
- Bahrami Ehsan, Hadi; Okhovvat, Ahmad-Reza; Fayyaz, Fatemeh. (2013). Explaining the origins of depression in terms of AL-GHASHIYA Sura: Focus on the role of unproductive behavior. *Quarterly Journal of culture at Islamic Azad University*. No. 8, pp. 1-37.
- Fayyaz, F., Besharat, M. A.. & Fararhani, H. (2012). Comparison of forgiveness in clinical depressed, non-clinical depressed and normal people, *International Journal of Behavioral Sciences*. 335- 345.
- Fayyaz, F., Besharat, M. A.. & Fararhani, H. (2014). The study of anger control in mild and sever Depression. *Journal of Psvchology Science* 12(45).

### **Conference**

- Having ۱۰ congress published articles

### **Course (Workshop) Holding**

- The therapy of Depression based on Quran for psychologists and counselors; 2 courses of 30 hours
- The methodology of Quranic Studies in Psychology and Psychotherapy
- Spouse selection criteria
- Islamic upbringing children skills

## **Books**

1. **Therapy of Depression based on Quran**, Bahrami Ehsan, Hadi; Okhovvat, Ahmad-Reza; Fayyaz, Fatemeh, Tehran, University of Tehran publication.
2. **Conceptualization of depression based on Quran**, Bahrami Ehsan, Hadi; Okhovvat, Ahmad-Reza; Fayyaz, Fatemeh. Tehran. Quran ettrah school pub.
3. **Skills for upbringing of 2-7 year children**, Okhovvat, Ahmad-Reza; Fayyaz, Fatemeh. Quran ettrah school pub
4. **Skills of choosing the best for 7-14 year children**, Fayyaz, Fatemeh , Okhovvat, Ahmad-Reza. Quran ettrah school pub

## **Skills**

- Expert in many fields of psychology and psychotherapy and have Workshop Certification for them such as:
  1. Cognitive Behavioral Therapy of Depression, Anxiety, OCD
  2. Couple Therapy
  3. Cognitive Couple Therapy
  4. Interventions for Addiction
  5. Marriage Counseling
  6. Spiritual Schema Therapy
  7. short-term psychodynamic therapy
  8. Life Skills
  9. Sexual education of children
  10. Quit Smoking techniques
  11. Hypnotism

## **Projects**

1. **The project of crime Prevention in 7-14 year old children** for Judiciary
2. **The project of Combat Stress based on Quran** for university of Tehran
3. **Conceptualization of Depression and its Therapy based on Quran** for university of Tehran