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The only normal way to begin speaking in a new language is to begin badly.

Greg Thomson

In the Name of God

A Note from the Editor

Thank god we have been able to publish our second issue this summer, after the pile of exams. This time our writers tried to make you forget about the results of exams even if it is for a second. You can spend your free time with us. Just whenever you are ready prepare a glass of cold juice, sit on an armchair and take a break with «English Break». Have a great month. Do not forget to read, write, love, laugh and live.

Hasti Shahri, Editor-in-Chief



There is a bus.



There are buses.



There is a child.



There are children.



“Love of English” pages are designed for those who want to learn English. It has different levels and hopefully it will help you improve your English.

Love of English (Elementary)

My dear friends, this page is designed for those who are at the beginning of their learning English journey. Let’s start learning English.

By Hasti Shahri

Singular nouns are just one. like “a man” “a girl”. Plural nouns are 2 or more. Like “1000 men” “2 girls”. Before singular nouns we have “a” or “an”. If our noun starts with these letters “a,i,o,u,e” we use “an”. If it starts with other letters we use “a”. We don’t use “a” or “an” before plural nouns. Now, let’s make plural nouns. For some nouns we add “s” or “es” to the end of the noun. If our noun ends with “s,x,z,ch,sh” we add “es”. Like; box.....boxes bus.....buses. If it ends with other letters we add “s”; girl.....girls. If it ends with “y” most of the times we remove “y” and we add “ies”; body.....bodies. We have some nouns which have no rules. We can’t add “s” or “es”. We have to change them completely; man.....men woman.....women person.....people
Now play this board game with a friend. You need a dice. Throw the dice and move with each number. you have to say the singular form and plural form of each number. For example; number

8 > a lorry, lorries

1 START HERE	2 	3 	4 	5 Go to 2
6 	7 Go to 15	8 	9 Start again	10 Go to 16
11 	12 	13 	14 	15
16 	17 go to 13	18 	19 Start again	20 THE END

Love of English (Intermediate)

By Razieh Behdani

Future Perfect Continuous

Great to see you again dear friends, I hope now you can use future perfect easily because it's time to learn future perfect continues and it's not much more difficult if you haven't learned future perfect well.

As English club(englishclub.com) states ,” The Future Perfect Continuous tense is like the Future Perfect tense, but it expresses longer actions or states extending up to some specific event or time in the future.” , in fact you use future perfect continues when you want to say something will happen in a specific time in future for a while.

You use future perfect continues instead of future perfect when you want to emphasize the state of continuing (the time it takes to conduct!)



Examples:

-Ram starts waiting at 9am. I am late and cannot arrive before 10am. Ram will have been waiting for an hour by the time I meet him.

-He'll be tired when he gets here. He'll have been travelling all day.

-How long will Jo have been working when he retires?

-Next month I'll have been studying Chinese for two years.

-will you have been working when I arrive?

-He won't have been studying long enough to qualify.

-Next week Jane is going to swim from England to France. By the time she gets to France she'll have been swimming non-stop for over thirteen hours.

Negative sentence

Of course, you can make negative form of a sentence by adding not before have (will

not have been + present continues)

•Subject + Not between auxiliary verbs + been + main verb (present continues) + object

•Subject + will not have +been+ present continues + object

Examples:

•In July next year, you will not have been studying for 3 years.

•I will not have been playing poker for 30 years by then.

Interrogative sentence

• Auxiliary verb + Subject + auxiliary verb + been + present continues + object

• Will + Subject +have + been +present continues + object

Examples:

•In July next year, will you have been studying for 3 years?

•Will I have been playing poker for 30 years by then?

*Questions beginning with "how long" are more common.

•How long will you have been learning German this year?

•How long will you have been trying to get your driving license this week? I hope you'll finally make it!

Present Perfect Simple or Continuous

Often there is very little difference between the present perfect simple and the present perfect continuous. In many cases, both are equally acceptable.

•They've been working here for a long time but Andy has worked here for even longer.

•I've lived here for 10 years and she has been living here for 12 years.

To emphasize the action, we use the continuous form.

•We've been working really hard for a couple of months.

•She's been having a hard time.

To emphasize the result of the action, we use the simple form.

•I've made fifteen phone calls this morning.

•He's written a very good report.

Look at the difference in these examples.

•I've been reading this book for two months but I've only read half of it. It's very difficult to read.

•She's been trying to convince him for 20

minutes but she hasn't managed to yet.

•They've been talking about this for month and they still haven't found a solution.

When an action is finished and you can see the results, use the continuous form.

•The phone bill is enormous. You've been calling your boyfriend in Australia, haven't you?

•You're red in the face. Have you been running?

When you use the words 'ever' or 'never', use the simple form.

•I don't know them. I've never met them.

•Have you ever heard anything so strange in your life

Quiz

1-By 2005 we _____ (live) in London for 14 years.

2-He _____ (write) a book by the end of the week.

3-He _____ (write) this book for 3 months by the end of this week.

4- _____ (finish, you) this project by the next week?

5-We _____ (married, be) a year on June 25th.

6-If it doesn't come tomorrow, I _____ (be) without the projector for a month.

7- _____ (be, she) pregnant for 5 month this week?

8 -I _____ (work) here for thirty years.

9- I usually work in London but I _____ (work) in Birmingham for the last 3 weeks.

Answers

1. Will have been living

2. Will have wrote

3. Will have been writing

4. Will you have finished

5. Will have been married

6. Will have been

7. Will she have been

8. have worked

9. I've been working

For more exercise go to these sites:

<https://goo.gl/TQxhVq>

<http://goo.gl/q7kS03>

<http://goo.gl/n0H18C>

<http://goo.gl/vyDOd0>

<http://goo.gl/O1rj0H>

The Great Wall of China

Walls and wall building have played a very important role in Chinese culture. These people, from the dim mists of prehistory have been wall-conscious; from the Neolithic period – when ramparts of pounded earth were used - to the Communist Revolution, walls were an essential part of any village. Not only towns and villages; the houses and the temples within them were somehow walled, and the houses also had no windows overlooking the street, thus giving the feeling of wandering around a huge maze. The name for “city” in Chinese (ch’eng) means wall, and over these walled cities, villages, houses and temples presides the god of walls and mounts, whose duties were, and still are, to protect and be responsible for the welfare of the inhabitants. Thus a great and extremely laborious task such as constructing a wall, which was supposed to run throughout the country, must not have seemed such an absurdity.

However, it is indeed a common mistake to perceive the Great Wall as a single architectural structure, and it would also be erroneous to assume that it was built during a single dynasty. For the building of the wall spanned the various dynasties, and each of these dynasties somehow contributed to the refurbishing and the construction of a wall, whose foundations had been laid many centuries ago. It was during the fourth and third century B.C. that each warring state started building walls to protect their kingdoms, both against one another and against the northern nomads. Especially three of these states: the Ch’in, the Chao and the Yen, corresponding respectively to the modern provinces of Shensi, Shanxi and Hopei, over and above building walls that surrounded their kingdoms, also laid the foundations on which Ch’in Shih Huang Di would build his first continuous Great Wall.

The role that the Great Wall played in the growth of Chinese economy was an important one. Throughout the centuries many settlements were established along the new border. The garrison troops were instructed to reclaim wasteland and to plant crops on it, roads and canals were built, to mention just a few of the works carried out. All these undertakings greatly helped to increase the country’s trade and cultural exchanges with many remote areas and also with the southern, central and western parts of Asia – the formation of the Silk Route. Builders, garrisons, artisans, farmers and peasants left behind a trail of objects, including inscribed tablets, household articles, and written work, which have become extremely valuable archaeological evidence to the study of defence institutions of the Great Wall and the everyday life of these people who lived and died along the wall.

My Fellow English Learners, please read the text and answer the following questions.

1 - Chinese cities resembled a maze

- a) because they were walled.**
- b) because the houses has no external windows.**
- c) because the name for cities means ‘wall’.**
- d) because walls have always been important there.**

2 - Constructing a wall that ran the length of the country

- a) honoured the god of walls and mounts.**
- b) was an absurdly laborious task.**
- c) may have made sense within Chinese culture.**
- d) made the country look like a huge maze.**

3 - The Great Wall of China

- a) was built in a single dynasty.**
- b) was refurbished in the fourth and third centuries BC.**
- c) used existing foundations.**
- d) was built by the Ch’in, the Chao and the Yen.**

4 - Crops were planted

- a) on wasteland.**
- b) to reclaimed wasteland.**
- c) on reclaimed wasteland.**
- d) along the canals.**

5 - The Great Wall

- a) helped build trade only inside China.**
- b) helped build trade in China and abroad.**
- c) helped build trade only abroad.**
- d) helped build trade only to remote areas.**

Answers

1- because the houses has no external windows.

2-may have made sense within Chinese culture.

3-used existing foundations.

4-on reclaimed wasteland.

What's going on?

By Roya Yegane

The addicted father rack and cut his 4 year-old daughters ear, hands , legs and nose. The father was drunk and see his daughter as a doll which has long legs, nose and ears and pick up the dagger and cut them. The illusion after using narcotics cost the life of many people in the world. We end this month's events with the hope of stopping these events in our country.

The angry boy, choke his father

In the fifth of Ordibhesht , Saeed murder his father. He says: "I was sitting back of the computer and my father started nagging about it (as always). First, I paid no attention to them but when he continued swearing, I lost my control and throw him down the stairs. Then he came to me and when he wanted to slap m, I had his throat and squeezed it to death and he was choked" then Saeed wants to facilitate the ground to pretend his father was thrown down himself and put his corpse down the stairs But the police find it out and now he's serving time.

Committing suicide in Mashhad:
A 22 year-old girl throw herself down a bridge in one of the streets of Mashhad. Th real reason of it is not affirmed but its said it was because of financial problems

The English Jungle

Test your Knowledge of

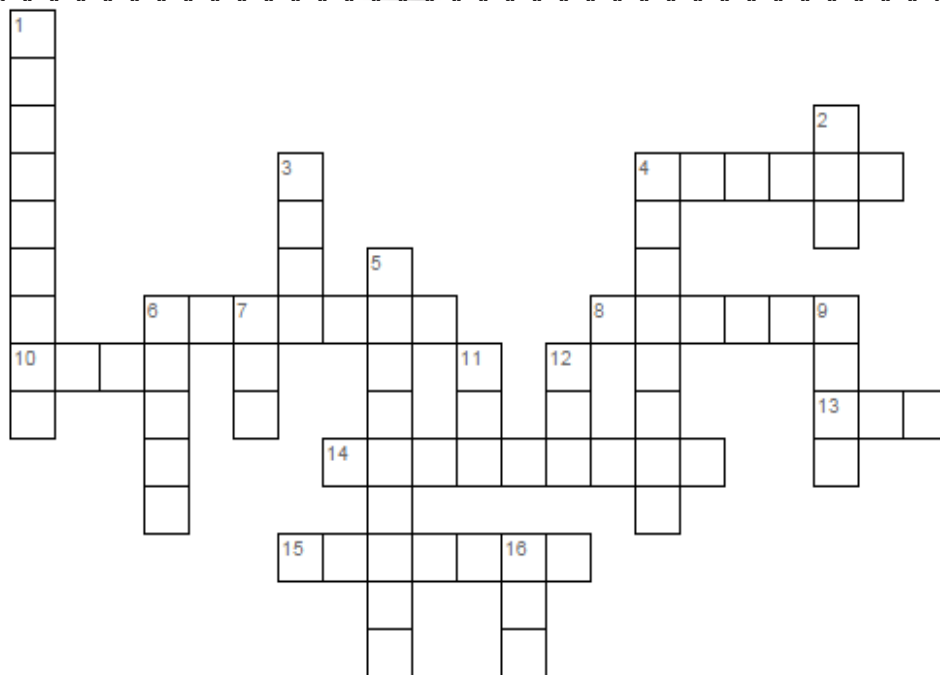
Animals

Across

- 4-The worst fear of Ron(Harry Potter series)
- 6-Johnny Depp was called this in a famous movie
- 8-Baby aligator
- 10-Royalty
- 13-It provides us with milk
- 14-The dragon insect
- 15-The bird of heaven

Down

- 1-A beautiful insect
- 2-This one has a kingdom without a king
- 3-The dearest of them all



- 4-This one loves hazelnuts
- 5-Women's worst nightmare
- 6-The animal of hell
- 7-The most hardworking insect
- 9-A swimming bird which sounds like a dog
- 11-The loyal animal
- 12-A kijnd of bird which can't fly
- 16-The two-faced one

Created By Hasti Shahri



Forgotten Hopes

By Anahita Soleimani

Runaway girls

Bump....the door got closed

She was afraid to turn on the lamp but the moon was still doing its job and the light was shining in through the window so she could see her reflection in the mirror on the wall. Lots of tear and that red sore sign here again on her face ,but that was nothing comparable to the sign on her heart and her damaged pride....she saw her purse hanging on the handle of the bedroom door... that appalling thought came to her mind.... her hands were freezing and the her body was shaking like a building when a hard earthquake strikes....walked the first step and didn't waste the time to think because she was scared of being repentant more than the backwash of her decision. While she was opening the door, she imagined herself as an eagle in a cage that was setting free to fly in the sunny sky. That fancy didn't last much when the darkness swarmed.... so she got back to that little bird that she really was...

“I've missed my daddy's flogging at least he used to beat me for a reason.”

-Would you please introduce yourself?

-As I have had nothing to do with

my family for a while, I just tell you my first name ,sarah, which is a fake name.

-do you like to tell us more about the reasons why you left home?

-my prejudice father used to inspect everything meticulously and when he could finally find something that he regarded it to be immoral he started to tell me off and my mother never did anything....

-Do you feel better in your current situation with the people whom you are with now?

-I've missed my daddy's flogging at least he used to beat me for a reason.

“11 facts about runaway girls”

1. According to estimates by the Urban Institute, nearly 1 in 5 youths under the age of 18 will run away at least once.

2. About 80% of homeless youth (aged 12-21) use drugs or alcohol as a means to self-medicate to deal with the traumatic experiences and abuse they face.

3. The Department of Justice estimates that every year, over 1.7 million teens experience homelessness in the US.

4. 32% of runaway and homeless youth have attempted suicide at some point in their lives.

5. 34% of the homeless population is young people under 24.

6. A US Department of Health and Human Services study found that 46% of homeless youth left their home because of physical abuse. 17% left because of sexual abuse.

7. Approximately 40% of homeless teens identify as LGBT.

8. Over 50% of young people in shelters and on the streets report that their parents told them to leave or knew they were leaving and didn't care.

9. The average age a teen becomes homeless is 14.7 years.

10. Teens age 12 to 17 are the single most likely age group to become homeless, with an estimated annual prevalence of 5%.

11. HIV rates for homeless people are 3 to 9 times higher than reported rates for comparative samples in the US. A study across four cities found a prevalence of 2.3% for homeless youth under 25.

Retrieved from:www. US Department of Health and Human Services.com



Healthy Page
By Parisa Noorayi

Steps for a healthy body

pills

Vitamins are ahead for this episode, in order not to bore you we provide you a brief short look on the spotlights.

Vitamin A:

Good for: Eyesight, growth, appetite and taste

Good sources: Liver, cod liver oil, carrots, green leafy vegetables, egg yolks, enriched margarine, milk products and yellow fruits

Destroyed by: Fatty acids

Vitamin B1:

Good for: system, digestion, muscles, heart, alcohol-damaged nerve tissues

Good sources: Liver, yeast, egg yolk, cereal, red meat, nuts and wheat germ

Destroyed by: High temperatures and coffee

Vitamin B2:

Good for: Growth, skin, nails, hair, sensitive lips and tongue, eyesight, the breakdown of protein, fat and carbohydrates.

Good sources: Milk, liver, yeast, cheese, green leafy vegetables, fish

Destroyed by: Alcohol and light (this is why milk-cartons are better than bottles)

Vitamin B6:

Good for: Making red blood and the formation of the nerves

Good sources: Eggs, shellfish, poultry, meat, liver, milk, cheese and fortified cereal.

Destroyed by: Water, sunlight, alcohol, oestrogen and sleeping

Vitamin C:

Good for: Immune defense system, protection from viruses and bacteria, healing wounds, reducing cholesterol, cell lifespan and preventing scurvy

Good sources: Citrus fruits, kiwi fruit, berries, tomatoes, cauliflower, potatoes, green leafy vegetables and peppers

Destroyed by: Boiling food, light, smoking and heat

Vitamin D:

Good for: Strong bones and teeth

Good sources: Sunlight (the action of sunlight on the skin allows our bodies to manufacture vitamin D), cod liver oil, sardines, herring, salmon, tuna, milk and milk products

Destroyed by: Mineral oil

Vitamin E:

Good for: Fighting toxins – vitamin E is a powerful antioxidant

Good sources: Nuts, soya beans, vegetable oil, broccoli, sprouts, spinach, wholemeal products and eggs

Destroyed by: Heat, oxygen, frost, iron and chlorine

Folic acid:

Good for: Production of red blood cells. It is essential in the first three months of pregnancy to prevent birth defects such as spina bifida, cleft palate or cleft lip

Good sources: Carrots, yeast, liver, egg, yolks, melon, apricots, pumpkin, avocado, beans, rye and wholewheat and green leafy vegetables

Destroyed by: Water, sunlight and heat

Healthy Wealthy Recipes

By Shokufeh Hajipoor

I have fond memories of when I first made cream puffs back when I was 18 years old. At the time, I was taking my cookery course with buying and reading magazines. I kept detailed notes on those recipes and tips on cooking in an especial notebook, which I still have for whenever I find whatever note-worthy.

Today, while I was thumbing through my wonderful collection, I found this rewritten Cream Puff Pastry recipe, which I hope you can try out and enjoy.

Noon Khamei

“Cream Puff Pastry”

As you all know, dears, Noon Khamei `s instruction can be described in 2 parts; first preparing it `s dough which is well-known with the name “Kolmi dough”, and second, the cream that will be puffed to this dough.

Kolmi dough can be the easiest, light, homemade dough, while is a base for variety of pastry and foods as: “Croquembouche”, “Gateau St. Honore”, etc. what is used for wedding cakes. And with adding some cheese, salt, or sugar in different instructions can be changed to a new basic dough.

But today, I will only narrate you the story of Noon Khamei, charming taste which is going to be created by your own hands, what can be an ideal gift for your guests.

As I told you it `s easy to bake, but lots of tips are embedded to recipe to mind. So be patient and just listen to them, and then go through all steps, and neglect none of them. Now let `s start today `s lesson!

Kolmi Dough

Ingredients:

- 1.water: 250ml or 230gr
- 2.solid oil or butter: 75gr
- 3.salt: 1pinch (1/8 teaspoon= tsp)
- 4.plain flour, sieved: 140gr
- 5.medium size eggs: 4
- 6.vanilla extract: ¼ tsp

Sieve the flour and put it away. To create the dough, in a pot, heat the water, salt,



and oil on a medium heat and bring to boil. As soon as oil melts and the water from bottom of pot starts to make tiny bubbles, at once, suddenly add the whole sieved flour and start stirring with a wooden spoon until all ingredients are completely mixed.as soon as seeing bubbles you must add flour, and you don `t have to wait for water boiling, because vapors coming out are pulling out the vital water and reducing that. When you see you have a firm dough which doesn `t stick to the walls of pot don `t doubt, dough is ready. Dough should come off the pot easily; it can be a sign to tell you move on. Remove dough from pot and place in a large bowl. So place dough aside to cool down until lukewarm. Preheat oven on the 200C/ 400F/ Number 6.

Spray baking tray with a little oil, and don `t over use the oil, because the extra amount of oil onto tray, won `t let you place dough on it, and dollops on tray will glide, and become hard to put them in fixed places.

For this recipe, the first tips mentioned above are the most important. You should be careful, because only a good beginning makes a good ending. It `s very important to be vigilant to recognize and act fast, when the dough is ready. If you

delay or leave it alone on flame even for only a few extra seconds, heat will cause more vaporization, and reduces the sum of water into your dough what is necessary to exist for the time when you put it into oven to be baked, because exactly that amount of water will supply the needed vapor into oven for baking and creating puffs. So please do your utmost for exact measuring, and doing everything in it `s own time.

Now add first egg to lukewarm dough, and start mixing them by using your fingers. Just utilize fingers to touch, stir, and mix, not palm. at first it will be glossy and silky, stir until it is no longer glossy When dough is reshaped by stirring, then add the second, third, and fourth eggs in turn and follow the same procedure..(after each egg it is necessary to stir and mix them until the dough comes back to it `s first shape, because each added egg destroys the texture, revive dough, then add next egg. At the end should have a completely smooth, shining, and sticky texture. If you want make yourself sure that you `ve done well, I offer you a test. Put a wooden spoon, standing in the middle of dough, it should stand firmly, not fall or slump. If it `s falling, it shows that it `s texture is loose, it can be because big chosen eggs, I told you select medium size, didn `t I? or reveals you `ve added egg after egg before mixing and reshaping dough. Altogether if it has happened, don `t embarrass honey, just try to revive it by touching and stirring more with your nice fingers to make it enough sticky.)

If you have mentioned, well prepared dough in hand, fellow, take a deep breath and utter a loud “Good job!” to yourself to continue, taking next steps of shaping and baking.

If you like to have blooms at the end, pipe your dough, if not, spoon it into dollops on the tray which is sprayed with oil beforehand, about the size of walnut, leaving 4cm between each dollop (to allow for expansion of dough).(for spooning you need 2 spoons, and because your dough is sticky, before each entering spoons into dough, just put them into cold water and wet them not to stick)



. Remember that all of dollops have to have the same size (to be baked at the same time, not one small pastry burn, while a big one needs more time to be baked). Slightly wet your finger and tap down on the top of the top of the dough so it is not sticking up.

All in all, after arranging dough onto tray, put it into the hot preheated oven. It would take 30-45 minutes (up to the size of divided dough.) to be baked, and reaching a golden color. The main tip to consider is that, if your breads aren't completely baked into oven, if before drying completely you brought it out, it will be destroyed. Avoiding this, please be careful that after passing the baking period into oven, just bring out one of breads to test not all of them. Cut it from middle with a serrate knife to make sure if it's completely dry and baked, and you see no dough in the middle, but a hollow created there, where is the place to be filled by cream. If not, leave it for more time into oven to vanish all dampness, and be baked; but be careful not to burn.

Then remove from oven and make a hole in the middle of each piece of dough, and allow it to cool down completely. (if this puffs are baked with care, and you left no dampness into it, and are totally dry, can be kept and used for more than 1 week into refrigerator, and also can be frozen for 1 month. If you froze it, please before filling with any cream, just 1 night before using, replace it into refrigerator, and in the morning, put it into hot oven for 5 minutes with 200C, let it cool down, then fill with cream to be served.

Fill the puffs with cream using a pipe; (best right before serving.)

Sprinkle some icing sugar on top and serve Noon Khamei.

Noon Khamei (noon: bread, khamei: creamy) is an Iranian puff pastry. Each

Noon Khamei (puff pastry) or 51 grams of it, has 121 calories.

If you like to make chocolate puff pastry, just having this basic recipe, only add 20 grams of sieved chocolate powder to flour, and also 3 tablespoon of sugar to the salt, and follow same instruction mentioned



above.

Cream Puff Pastry

Ingredients:

1. low fat cream: 125 grams
2. full fat cream: 125 grams
3. icing sugar: 125 grams



For this recipe, you need Whipping Cream, what is sold in confectionary, a semi fat

cream. But if you like to have a homemade one, I've found a solution for that. In stead of spending more money for buying, just listen to me.

Both low, and full fat creams are available in all groceries. Separate and throw away the milk which is stood on the top of cream. Then pour all ingredients in a bowl, and start stirring it with electric mixer, just for a short period until all things are just mixed together not more. Then put it's lid and replace into freezer. It should stay there and cool down until some parts of ice appears into it's texture that can be easily seen, but it doesn't have to freeze. Then bring it out and start stirring and mixing with electric mixer to form a cream. Don't delay in mixing. You should finish your

work before it loses it's coldness. If not, it will change to a butter and won't form anymore. It is prepared when it sticks to dish and if you turn it, it won't pour, as in picture above, and also the trace of mixer will remain on formed cream. If your cream has these signs, it is ready. Put it into refrigerator and just when you are filling puffs, bring out to use.

It is easy to make, darlings, isn't it? Just dare to try!

Bon appetit!



Every Poet

By Shabnam Mahmoodi

Our World

Waking up in a world that's not mine, felt so scared I tried to run.
Coldness all over me, darkness inside, I couldn't remember a thing at all.

Tried to walk I stepped around, this is not what my world looks like.

Strange feelings overwhelmed me, couldn't think of anything.
I heard voices talking, shouted stop, silence killed everything aside.

Someone whispered, I looked all round, not a single person could be find.

Footsteps, I saw it now, "someone was here", I shout it aloud.
I walked and walked, hours spent, the empty world just wouldn't end.

I heard a voice, stopped and cared, nothing but a word could be heard.

"love" was there, I felt it, the voice was so clear I scared.
Warm breathes near my ear, "love", someone whispered again.
I held my breath, wanted to run away, cold fingers touched my shoulder.

I couldn't move, standing breathless, I turned around and felt carried away.

Darkness vanished, I realized, I knew him, I gave him all my heart.

He came closer, said it aloud, "our world became empty since you have gone,

You were mine, you said it so, promised me everything and no more,

I wanted nothing but you left, felt dying, had all that pain,
You came back now, brought back us, stay, let's fill our world with love."

Wind whispered, but I felt so warm, this was my world, I remember it now.

I left here, a long time ago, couldn't recall it anymore, he was there, this was "our world".

I moved on, didn't care 'bout him, he stayed, he was all about me.
Tears came down, "I want to stay", I said it to him, "Let's build it again."

He smiled and looked away, "we'll make it just the same."

Words That Touch The Heart - Ronny C.Hughes

Now be still my heart, After love has broken thee,
Now fall my tears, To form the ocean, Throw your waves to find her feet.

Steal her heart in dreams,

And rest till morning, My sun that loves to rise, Paint **her skies bright,**

With clouds of white thoughts, Shadow earth to cool the breeze
With hands darken words That Touch her heart.

Life Imitates Art

By Motahareh Alizadeh

Hey there, Arty maties.

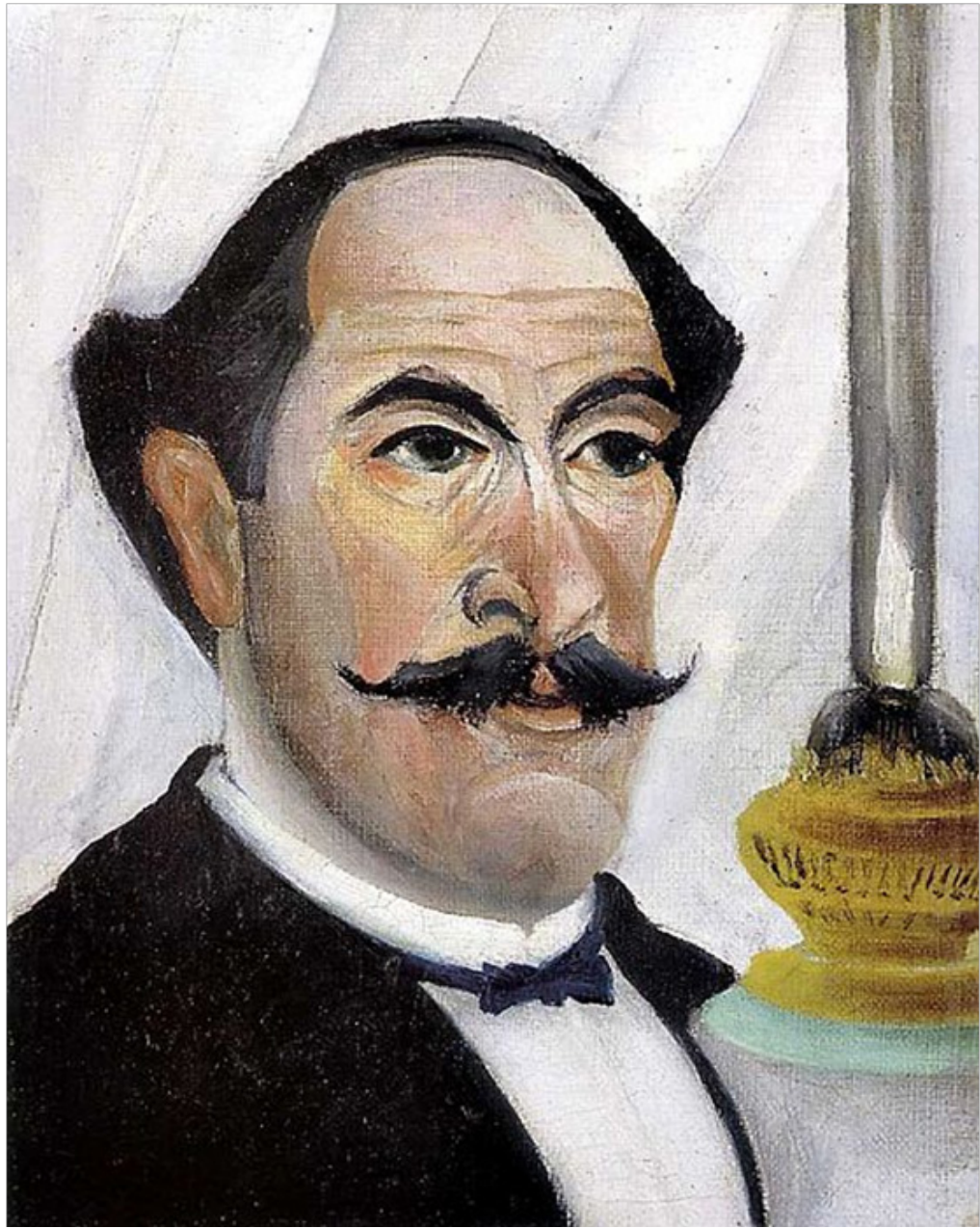
Welcome to this month's "Life imitates Art". This time, I decided to take our little gallery's job further and introduce you something I'm sure you've never heard of or If you did, you got passed it because you thought it was way too sophisticated for you to learn.

In 1910, an English art critic, Roger Fry, used an expression "Post-impressionism" in an art exhibition. He introduced this method to the world and stated that Post-impressionism is known for rejecting art limitations such as drawing the exact form of objects and using the natural colors seen in nature.

Changed geometry forms, intense contrast in colors like using blue against red or using unnatural colors are the traits of this method.

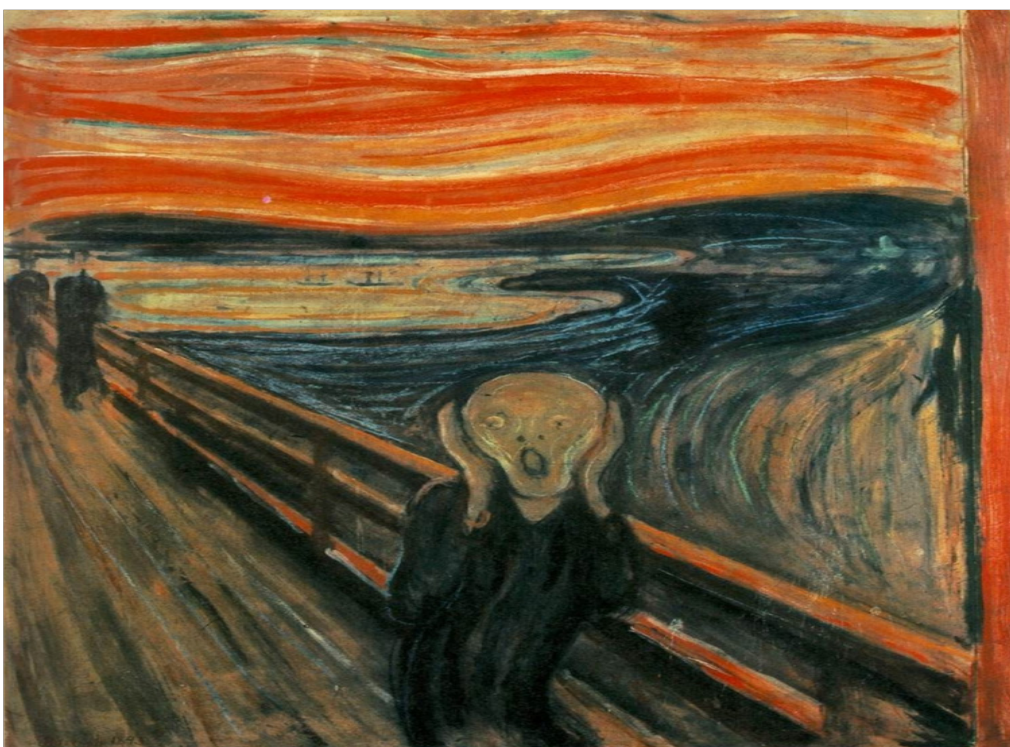
Vincent Van Gogh, Paul Cezanne, and Paul Gauguin, etc. are the leaders of this method.

Following, shows some of the famous works of Post-impressionism.



Title: Self-portrait of the Artist with a Lamp

Artist: Henri Rousseau, French, (1844-1910) - oil on canvas



Title: The Scream

Artist: Edvard Munch, Norwegian (1863-1944)

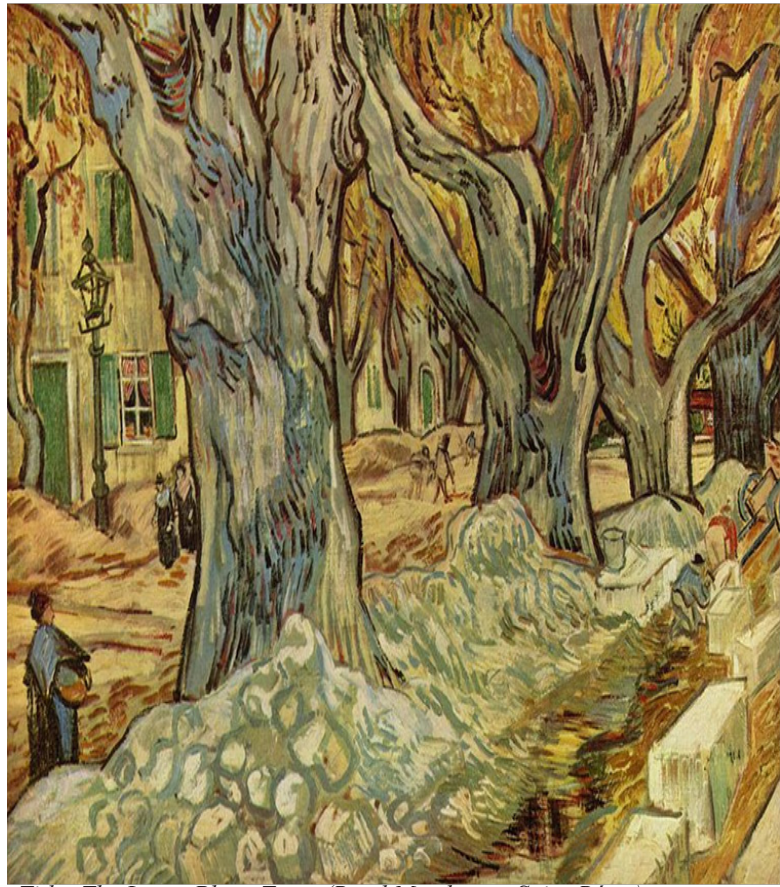


Title: Peasant Woman Cooking by a Fireplace-Artist: Vincent Van

Gogh, Dutch, (1853-1890)-Oil on canvas



Title: Portrait of Félix Fénéon-Artist: Paul Signac, French (1863-1935)-oil on canvas, rhythmic background of measures and angles, shades and colors



Title: The Large Plane Trees (Road Menders at Saint-Rémy) Artist: Vincent Van Gogh, Dutch, (1853-1890)-oil on canvas

Title: Starry Night Artist: Vincent Van Gogh, Dutch, (1853-1890)

Im sure you've seen this one before even if you're not into art. And yes this has been painted by Van Gogh and yes; he painted Starry Night while in an insane asylum in 1889. Starry Night by van Gogh is one of the most famous paintings in the history of art. Van Gogh used thickly applied paint and painted with a passion. used thickly applied paint and painted with a passion. Everything in this painting speaks to me. The painting shows a small town (Saint-Remy) under a night sky of swirling stars and curving clouds. The sky makes the eyes move around the painting, following the curves, amazed by the colors and their harmony, how they go together and at the same time are in contrast with each other, cool dark clouds and the blazing warmth of the stars that are surrounded by their own light There is a massive dark structure to the left, in larger scale than the other objects, yet isolated. And the curves allow people to make different interpretations from this, be it, a mountain, a tree or a leafy bush. And this quote by Edvard Munch, the famous



painter of The Scream explains the whole method of Post-impressionism: «Nature is not only all that is visible to the eye...It also includes the inner

pictures of the soul.» E.Munch Hope you liked this. I promise I'll bring you guys more of Van Gogh's famous paintings next time.



Loaded literature By Niusha Mokaberi

Style shifting

Why we have different speech styles in our daily life?

Have you ever noticed that you speak in different styles? When you talk to your mother, children, professor and so on. Have you noticed how your speaking styles differs drastically?

You shift your style of speaking. According to the articles I've found different styles of speech are called style shifting, speaking style and phonetic variation and something like these words. Now it's time to discover some of the reasons for this shifting.

The most common reason is situation. Lots of details are mentioned in this reason. Actually, variation in speech happens based on formal situation, informal situation, context, topic, audience and so on. In formal situation, you vary your speaking style to be appropriate in this situation. You use formal words. Pronunciation and tone of voice is also changed.

“for successful communication, we have to change the way we speak”

Cultural divide is also considered as a reason for different styles of speech. You also speak in different styles when you are in different social classes. According to variation in speech site, we have letter

dropping such as H-dropping in hat, house and In higher class, people pronounce it completely and in lower class people omit “h”. So Cultural divide makes people speak different styles.

Based on several studies, Children understand that we have different speech styles because of variation in social situations and context. If they are asked to play different social roles, they vary their styles of speaking such as word choices.

Communication situation is another reason for this shifting. For successful communication, we have to change the way we speak; quite or loud or something like this. Public speaking is not easy and you should practice to speak suitable styles. That's why we have classes for this kind of style of speech.

If you observe how to shift your style of speaking, you'll realize that you do it unconsciously. When you think about it, you can understand your different styles in different situations. Every one changes their style of speaking to adapt to audience, situations and topic.

So in different situations we have style shifting. For example in news and broadcast. it is obviously understood all the news anchors speak the same way. Because all of them are in the same situation. So in this situation they all speak more slowly than people do in daily life in order to be easily

understandable. In their pronunciation no letters are dropped, they pronounce words completely.

But the point is that they do not speak like this style all the time. They speak like this just in this situation.

The other reason is attention to speech. If you pay more attention to your speech, it becomes more formal and if you don't pay attention, it becomes casual.

Compiler: Niusha Mokabberi

Sources:

- 1) *Dialects and Style-Stanford University*
- 2) *What Young Children Think About the Relationship between Language Variation and Social Difference, Lawrence A. Hirschfield, Susan A. Gelman, University of Michigan.*
- 3) *Why Do News Anchors All Talk the Same? By Natalie Walkover*
- 4) *Variation in speech*
- 5) *Do speak American? For Educators, Communicative Choices & Linguistic Style*

Worthy words:

Speech is the mirror of the soul; as a man speaks, so is he.

Publilius Syrus

To learn to read is to light a fire; every syllable that is spelled out is a spark.

Victor Hugo

Language is the dress of thought.

Samuel Johnson

IDIOMS

By Shokufeh Hajipoor



Be nice to people on your way up because you'll meet them on your way down.

Never mistreat people in a lower position than yourself, no matter how big you are now, because you may be in their shoes again someday. Originated in the United States. Coined by Wilson Mizner (1876-1933), a Broadway playwright and Hollywood screenwriter.

1974. The man whose posture is servile in the presence of his superiors and rude or off-hand with his subordinates has forgotten the old chestnut "Be nice to the little man on your way up, you might meet him on your way down." _ Milla Alihan, Corporate Etiquette.

Cross that bridge when you come to it.

If you will cross that bridge when you come to it, you will deal with a problem when it arises, but not until that point. Also we have ("Don't cross the bridge till you come to it.



A/The cat in gloves catches no mice.

One can't achieve anything if one's too cautious or finicky. The proverb goes back to the fourteenth century and is similar to the French: chat engauntene surrizzera ja bien ("A gloved cat will never mouse well"). In 1754, it was used by Benjamin Franklin in his Poor Richard's Almanac.

1754. Handle your Tools without Mittens; remember that the Cat in Gloves catches no Mice. -Benjamin Franklin in his Poor Richard's Almanac.



Juvera 2005 © producciones Viva

Be careful what you wish for. You might just get it.

If you get things that you desire, there may be unforeseen and unpleasant consequences. (Be careful what you wish for, lest it come true; and be careful what you wish for; you may receive it, are also used.)



Fiction Corner

By Zahra Kheradpisheh

Steve got off his car and locked its doors, then walked towards the elevator slowly. He was really tired that day, both physically and mentally. He got off the elevator once he reached his floor and headed towards the apartment's door. He knocked on it a few times, but to no avail.

He gave out a little sigh as he searched for his keys in his pocket. He pulled them out and unlocked the door, pushing it open lazily.

As expected, the lights were off and the house was empty.

'Where is she? Why didn't she tell me anything?' Steve wondered to himself as he turned on the lamps of the living room. He then collapsed on the nearest sofa and let his tired limbs rest for a bit.

He wasn't in mood for anything, not even for eating. So he closed eyes without a second thought and fell into a deep slumber.

The next morning, he woke up to the sound of something crashing and breaking. He practically jumped in pure shock, but held himself back immediately and looked around, still half-asleep.

"Oops. I broke it." He could hear his sister's quiet voice from the kitchen.

Steve placed his palm on his chest and let out a deep breath. His heart was beating frantically, as if it was going to jump out of his chest at any moment. He could hear clearly his heartbeat in his head.

'What a great start of a day.' He thought to himself and rubbed his tired eyes. He was still wearing his formal clothes. He even had his socks on. He rubbed his temples with his index fingers and groaned, then got up and went straight to the bathroom to freshen up. After taking a nice shower and becoming completely awake, he put on clean clothes and wore his favorite perfume. He then went downstairs and grabbed his phone which was lying face down on the sofa. As soon the screen lightened up, Steve's eyes widened in shock and realization. He stared at the screen and almost panicked as he saw the numbers of missed calls and text messages his fiancée, Emma, had left him last night. 27 missed calls and 43 messages. He skimmed through the messages rapidly, and all of them were asking if he's okay and why he isn't picking up his phone.



Steve hit his forehead with his palm and bit his lower lip.

"I must have made her worry to death..." he murmured to himself and checked the time on his phone, realizing that he's already late. So he quickly typed something along the lines of "I'm okay, I was just tired and fell asleep, I'll call you later." He then hurriedly pressed the "send" button and rushed to the kitchen.

There, his sister was sitting at the dining table, chewing her food calmly. He pulled a chair aside and sat on it, then began to stuff the pancakes into his mouth.

His older sister, Stella, glanced at him.

"Where are your manners, Steve? I remember a time when you saw me you'd say hello." She said, her tone a little sarcastic.

Steve raised his head and looked at Stella, a little shocked.

"O-oh. Hi. Good morning Stella." He said and sipped his coffee.

"Ew. Don't talk with your food-filled mouth. You act like a 3-year-old sometimes." She said and made a disgusted face.

"well, I'm afraid I don't have any time for listening to your lecture because I'm already late." Said Steve while standing up and rushing out of the kitchen.

Stella sighed quietly and continued eating, thinking that her little brother will never actually grow up.

"Excuse me boss, but can you please repeat what you said just now?" Steve kept typing a report on his laptop, pretending not to hear Damon's words.

"you heard me. I'm gonna bring over a hacker and ask him to enter Mr.J's systems, so we can find out who's the very unlucky rival of me."

"But Damon, that's a crime!!!" Steve cried out in disbelief.

"I know. I know exactly what I'm doing!" said Damon, taking a sip of his favorite green tea.

"But how?! How can you be this careless?! You may get arrested and with that all of the company will go down!" Steve yelled once again, unable to control himself.

"Then I'll make sure that our company will be the best before it goes down." Said Damon with a mischievous grin tugging at the corner of his thin lips.

Steve could only stare at him in pure awe, completely speechless...

Next time

"there's nothing you can do right, Damon. No matter how hard you try, you'll still be the same. A useless child who only brings shame to my name."

Damon hung his head low, not knowing how to respond to his father's harsh remarks.

"you're an ugly and worthless creature who just happened to be born as my son. Just go away. I don't want to see your face."

Damon could feel warm, salty tears flow down his cheeks and ran upstairs without any hesitation

Magic Screen

By Fatemeh Faghani

Suggestion of the month;

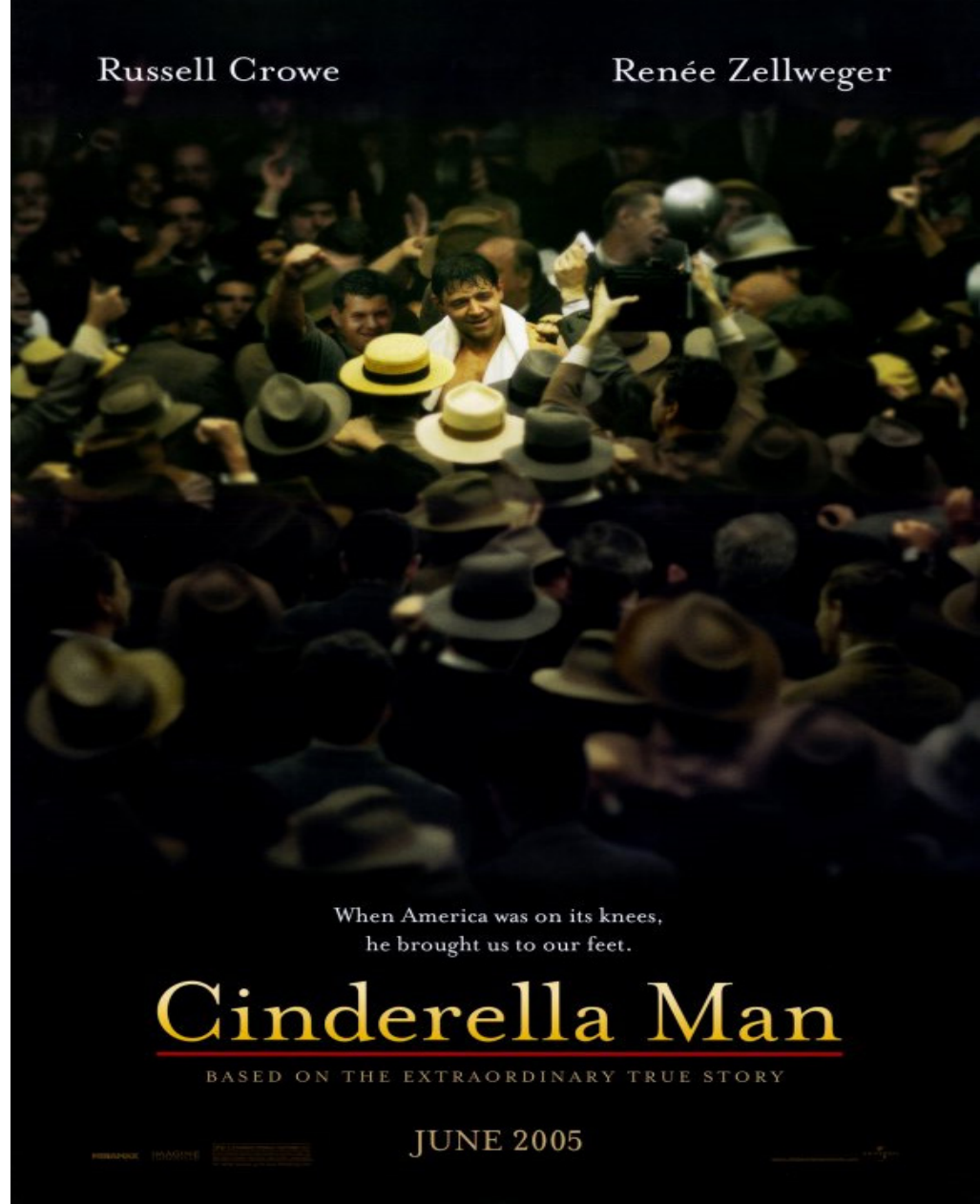
Cinderella Man

This movie was nominated for thirteen awards but it won four awards. It cost around \$90 million to make, did less well than expected, taking around \$110 million all over the world.

It looks like an awful movie, you might think I'm going to review "movies not to watch" but if you want to have 2 hours and a half of enjoyable moments you'd better watch it! *Cinderella man* is a biographical drama, directed by Ron Howard, starring Russell Crowe, Renée Zellweger and Paul Giamatti.

"Sometimes a character with simple goodness looks impossible to play but Russell Crowe did it."

The movie is story of a legendary boxer, James J.Braddock who was making his way to the top undefeated before the Great Depression came and took away everything he had, leaving him do everything to



feed his children and pay the bills.

He starts from scratch. James starts working as laborer on the docks to earn few dollars but things don't go well. For me the most tragic scene is when he walks through the café, where his former employer, his friend Joe and other people who know him are there and He says how bad is his life and he begs for money, So Joe gets him one more shot in the ring.

Sometimes a character with

simple goodness looks impossible to play but Russell Crowe did it. He lost 25kg for the role, chipped his teeth several times, and fainted during filming due to injury and his shoulder dislocation made the movie halted for two months. Renée just simply completed the chemistry between them. James J.Braddock character left this motto "I have to believe that when things are bad you can change them" and make you thing for hours or maybe changes your life.



By Hasti Shahri

On this page we will review the best English movies of the world and then discuss their useful expressions and quotes. Our first goal is to write about top 10 movies of the world rated on the IMDB website.

Number 9

The Lord of the Rings; The Return of the King

2003 - Fantasy film/Drama film - 4h 23m
The culmination of nearly 10 years' work and conclusion to Peter Jackson's epic trilogy based on the timeless J.R.R. Tolkien classic, "The Lord of the Rings: The Return of the King" presents the final confrontation between the forces of good and evil fighting for control of the future of Middle-earth. Hobbits Frodo and Sam reach Mordor in their quest to destroy the 'one ring', while Aragorn leads the forces of good against Sauron's evil army at the stone city of Minas Tirith.

Initial release: December 1, 2003 (New Zealand)

Director: Peter Jackson

Film series: The Lord of the Rings

Adapted from: The Return of the King, The Lord of the Rings

Awards;

-Academy Award for Best Picture

2004 • Peter Jackson, Fran Walsh, Barrie M. Osborne

-Academy Award for Best Director

2004 • Peter Jackson

-Academy Award for Best Visual Effects

2004 • Joe Letteri, Randall William Cook, Jim Rygiel, ...

-Academy Award for Best Costume Design

2004 • Richard Taylor, Ngila Dickson

-Academy Award for Best Writing Adapted Screenplay



2004 • Peter Jackson, Fran Walsh, Philippa Boyens

-Academy Award for Best Film Editing

2004 • Jamie Selkirk

-Academy Award for Best Production Design

2004 • Alan Lee, Dan Hennah, Grant Major

-Academy Award for Best Original Music Score

2004 • Howard Shore

-Academy Award for Best Makeup and Hairstyling

2004 • Richard Taylor, Peter King

Famous Quotes

Gimli: Never thought I'd die fighting side by side with an Elf.

Legolas: What about side by side with a friend?

Gimli: Aye. I could do that.

Pippin: I didn't think it would end this way.

Gandalf: End? No, the journey doesn't end here. Death is just another path... One that we all must take. The grey rain-curtain of this world rolls back, and all turns to silver glass...

And then you see it.

Pippin: What? Gandalf?... See what?

Gandalf: White shores... and beyond, a far green country under a swift sunrise.

Pippin: [smiling] Well, that isn't so bad.

Gandalf: [softly] No... No it isn't.

Sam: FRODO!

Frodo: I'm here, Sam.

Sam: Destroy it!

[Frodo holds the ring on its chain over the edge of the pit]

Sam: Go on! Now! Throw it in the fire!

[Frodo stares at the ring, the ring whispers to him]

Sam: What are you waiting for? Just let it go!

[Frodo turns and looks at Sam]

Frodo: The ring is mine.

[He snaps the chain and approaches the ring to his finger]

Sam: No... no...

[Frodo slips the ring on and vanishes]

Sam: NO!

Source: Wikipedia, IMDB.com

Bookshelf

By Raziieh Behdani

Two years ago I was studying for university entrance exam and I was always between libraries, finally I found a solitude library however not so close to our house...

I have really interesting memories in this lovely library. Those days I went between books to have a rest and chose so many literature books such as novels and poem books and I asked myself "Are you sure you have KONKUR?" but why no books for multiple choices questions and nothing even remotely like that?

I assume one of the most peaceful places in my town is that library, and one of the best books I picked up from that library is "Angela's ashes"

it's an autobiography that was written by Frank McCourt, the Irish author, was published in 1996 and won the 1997 Pulitzer Prize for Biography or Autobiography, the 1996 National Book Critics Circle Award (Biography), [3] and the 1997 Boeke Prize.

Frank faces hunger, neglect, his father's alcoholism, oppressive weather, and illness in the face of

the broader struggle that defines his memoir—getting out of Ireland and rising up from poverty. Along the way he faces opposition from schoolmasters, priests, family members, and people in all positions of authority who look down on him because of his lower-class status and he states these all in his must-read novel in the best way of his outstanding writing style.

"I wonder if there's anyone in the world who would like us to live. "

Here are some interesting quotes of this novel:

"I think my father is like the Holy Trinity with three people in him, the one in the morning with the paper, the one at night with the stories and the prayers, and then the one who does the bad thing and comes home with the smell of whiskey and wants us to die for Ireland."

In the other part of this book you'll read :

"The master says it's a glorious thing to die for the Faith and Dad says it's a glorious thing to die for Ireland

and I wonder if there's anyone in the world who would like us to live. My brothers are dead and my sister is dead and I wonder if they died for Ireland or the Faith. Dad says they were too young to die for anything. Mom says it was disease and starvation and him never having a job. Dad says, Och, Angela, puts on his cap and goes for a long walk."

You can download the PDF file of this book via this link:

<http://goo.gl/M5mrOR>

this book has been translated to Persian by the titles of "خاکستر آنجلا" and "اجاق سرد آنجلا" and you can buy it easily through this link:

<http://goo.gl/m16sPd>

After reading the book, Tell me....

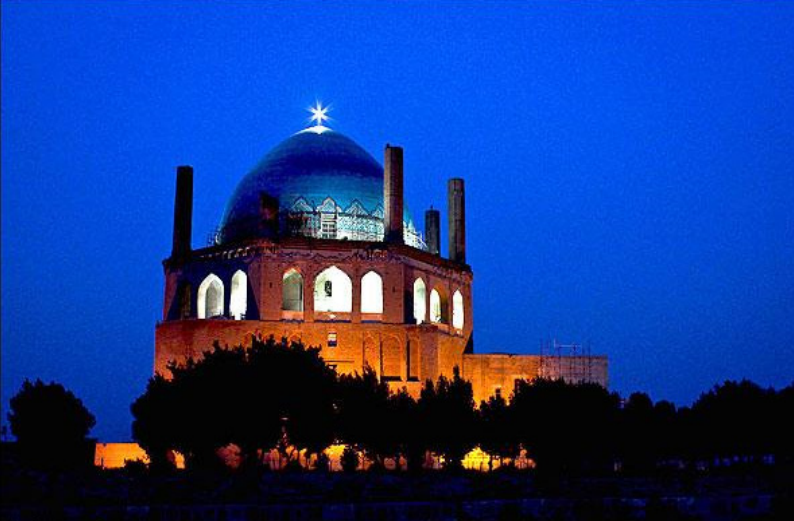
How did you like this book?

What was the distinguishing quality of this book for deserving 3 prizes?! What was the best part/quote of the book for you?!

Your comments would be welcome and will be published in later issues of the magazine

Send them to :

rbehdani74@gmail.com



Around the World in a Glimpse

It might not be on everyone's travel radar, but Iran has a well-worn tourist circuit, encompassing attractions in the ancient cities of Shiraz and Isfahan.

For those wanting to get off the beaten path, the country has a wealth of lesser-known destinations that rival the stunning beauty and historical significance of their more famous counterparts.

Here are four of the best:

Bekhradi Historical House

This 400-year-old inn built in Persia's Safavid era features four tastefully decorated multiroomed guest suites and is the oldest house to be restored in Iran.

Its renovation and artistic restoration took local interior designer and restoration specialist Morteza Bekhradi five years to engineer and complete.

Peppered with stained-glass windows and original artwork from the Safavid and subsequent Qajar eras, the house sits between two gardens replete with fruits and wildflowers.

The house's furniture was designed by Bekhradi using wood from the chenar (plane) trees that line the streets and historic gardens of Isfahan.

The designer says he sought to stay true to the setup of the original home, which he says is believed to have belonged to a Safavid-era aristocrat.

Even the traditional heavy Iranian wooden doors lining the entryways of the upstairs suites belonged to the original house and were restored using chenar wood.

Soltaniyeh Dome

A UNESCO World Heritage site in the northwestern province of Zanjan, the mausoleum of Oljaytu at Soltaniyeh is topped by one of the world's largest domes. Built between 1302 and 1312 in Soltaniyeh, the capital city of the Mongols' Ilkhanid Dynasty, the monument is a mausoleum for Il-khan Oljeitu, the Ilkhanid's eighth ruler.

Though much of the structure's exterior coloring and tiles have faded through the centuries, the intricate brickwork, tilework and vibrant designs inside the mausoleum have remained largely unscathed.

The unique double-shelled structure of the Soltaniyeh Dome is also believed to have influenced the design of India's Taj Mahal mausoleum.

Interesting factoid: Oljeitu was born to a Christian mother and baptized as Nicholas. He later became Buddhist and then converted to Islam.

He intended for the Soltaniyeh Dome to house religious artifacts, but after clerics banned him from doing so, he decided to make the monument his own tomb.

Visits to the dome are worth sidetracking to Zanjan for a lunch of classic Iranian dizi, or lamb and chickpea soup, at Carvansarai Sangi (Zanjan, Iran; +98 241 326 1266), an ancient pit stop that's been converted into a popular local restaurant.

Rey is the oldest county in Tehran province and is speckled with historical monuments, including a 500-year-old Safavid-era

Laleh Kandovan Rocky Hotel

About 30 miles outside the northwestern city of Tabriz lies the troglodyte village of Kandovan.

People here live in cone-shaped caves cut out of volcanic rock at the foot of Mount Sahand, a dormant volcano.

Nestled within the 800-year-old village, the Laleh Kandovan Rocky Hotel has been literally hand-carved into the rocky landscape, with each of the luxury hotel's 16 modernized rooms encompassing a cave, or "karaan."

According to local lore, mineral water sourced from Mount Sahand, long valued throughout Iran for its medicinal properties, originated in the biblical Garden of Eden.

Guests of the hotel can take a relaxing soak in this precious liquid. If there's a spa tub in the room, the mineral water gets pumped in directly.

Laleh Kandovan Rocky Hotel, Kandovan Rd, Kandovan

Toghrol Tower

Toghrol Tower is a Seljuk-era monument situated in the city of Rey, on the southern outskirts of Iran's capital city, Tehran.

Often overlooked by visitors who tend to stick to the higher-income northern and central areas of the Iranian capital, Rey is the oldest county in Tehran province and is speckled with historical monuments, including a 500-year-old Safavid-era bazaar.

The tower is said to serve as the mausoleum for Seljuk king Toghrol Beg, who established Rey as a major administrative center of the Seljuk Dynasty until its destruction by Mongol armies in the early 13th century. From the tower, it's a quick ride into the heart of Tehran's Armenian quarter to round off the trip with a cup of coffee and Armenian pastries at the historic Cafe Naderi (Hotel Naderi and Cafe, Jomhuri Eslami Avenue, Tehran; a haunt frequented for decades by Iran's greatest writers and intellectuals.



Live Your Life

Fly with your soul

By Kosar Ghashghavi

Sometimes it's needed to jump out from your body and look at yourself from a further distance and then ask yourself, many years have passed for me so that now I'm standing here! was it really worth it?

Then, little by little you'll learn even sunlight can burn if you do too much sunbathing.

You should learn to plant flowers yourself instead of waiting for someone to bring one for you.

You'll learn you should be strong enough so that problems surrounding you can't turn you into a loser! You won't believe that there are some people with no problems, but, you'll find that there are problems surrounding all people's lives. It's not how big they are... It's how you act upon them.

You should learn to plant flowers yourself instead of waiting for someone to bring one for you.

You'll learn how much your value is. Because sometimes, even butterflies fall by mistake. They circle around lights

in the streets which don't have any feelings.

I am strong. Cause I know my disadvantages.

I'm beautiful. Cause I know my faults.

I'm brave. Cause I can differentiate imagination from reality.

I'm wise. Cause I've felt disguise.

I can laugh. Cause I've known sorrow.

People get regretful so soon.

Sometimes from their words.

Sometimes from their unsaid words.

But I don't know anyone who has expressed regret for smiling.

Good for those who know smiling is the most logical part of a lovely conversation.

So, let your lips make that beautiful smile.

No matter how much you're tired or sad...

Smile my dear. Smile...

A translated article from www.labkhandezendegi.com/

A black and white photograph of actor Hugh Jackman. He is shown from the chest up, wearing a white button-down shirt. He has a slight smile and is resting his chin on his right hand, which has a ring on the ring finger. The background is a soft, out-of-focus light color.

Guess Who

By Shabnam Mahmoodi

He was born in Sydney, New South Wales. He is the youngest of five children. His parents, both English, moved to Australia shortly before his birth. He has a communications degree with journalism major from the University of Technology Sydney. After graduating, he pursued drama at the Western Australian Academy of Performing Arts, immediately after which he was offered a starring role in the ABC-TV prison drama Correlli (1995).

“He has a communications degree with journalism major from the University of Technology Sydney.”

Trivia

1-Once said in an interview with Jay Leno

that he is a fan of the “Friday The 13th” film series, and he became an actor because he wanted to play Jason in one.

2-Often his wife and, sometimes, members of his family stay with him while he is shooting on location.

3-he Lives in New York City, New York and he is a Close friend of Liev Schreiber.

4-As of 2015, he holds the record for playing the same comic book character (Marvel Comics’ “Wolverine”) more times than any other actor, in this case, 7 films. Prior to that, the record was held by Christopher Reeve, who played DC Comics’ “Superman” in 4 films.

5-he has being treated for skin cancer.

Can you guess who he is? yes you are right,

Hugh Jackman

Retrieved from IMDB.com